



PREPARATION FOR EGD (UPPER ENDOSCOPY)

Location: Buffalo General Hospital - 100 High St. on the Sixth Floor

The test lasts about 10-20 minutes, with a recovery time of 30-60 minutes. You must bring someone to drive you home after the procedure due to the sedation you are given. This procedure will not be done if you don't have a driver. The driver must remain in the facility for the duration of the procedure. Also, you will not be allowed to drive or work for the rest of the day. One hour after the procedure you may try to drink water. If you are unable to swallow easily, wait another hour and try again. You may have a mild sore throat that could last 1-2 days. Please notify us if you have had a heart attack in the last 6 months, have had endocarditis or rheumatic heart disease. If you are a diabetic please notify your doctor who monitors your insulin to adjust the dosage.

- ▶ **Please discontinue the following 5-7 days prior to your procedure:**
any aspirin or ibuprofen containing products such as Advil, Motrin, arthritic medications, Trental, Pletal, Persatine, Plavix, Coumadin, Celebrex, Aggrenox, Lovazam Elmiron, Omega 3, fish oil, and any oral iron.
- ▶ If you take Lisinopril, do not take the morning of your procedure because it may cause an unsafe drop in your blood pressure.
- ▶ If you take Lovenox, please do not take your dose the day of your procedure as it will cause your procedure to be canceled.
- ▶ **On the day before your test**, you may eat regular meals, **but do not eat or drink after midnight.** If your procedure is scheduled after 11:00am, you may have clear liquids up to 5 hours prior to the procedure. The morning of your procedure you may take your prescribed medications (other than the ones listed above) with a small amount of water. If you are uncertain about which medications to take, please call our office at (716) 626-2644.
- ▶ Clear liquids include: black coffee, tea, clear carbonated beverages, apple juice, water, lemon ice, Jell-O, popsicles, hard candy or Lozenges.
You cannot have anything that contains a red or purple dye.